

# Avian Vacuolar Myelinopathy (AVM) Research Update

Gulf- and South Atlantic Regional  
Panel on Invasive Aquatic Species

Austin, Texas October 4, 2011

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1785

**WARNELL**

SCHOOL OF FORESTRY AND NATURAL RESOURCES  
THE UNIVERSITY OF GEORGIA



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Stephanie Christensen



Don Schmitz

- History
- Role of aquatic vegetation
- Current research projects
- Toxin identification



AVM is a neurologic disease that affects waterbirds and their avian predators.





**1994/95** DeGray Lake, Arkansas

**1996/97** DeGray, Ouachita, Hamilton,  
AR

**1998** National Wildlife Health  
Laboratory, characterize and name  
disease



# AVM confirmed in birds from reservoirs across the South







**Body Count:** Mallards, Ring-necked ducks, Buffleheads, American wigeon, Canada geese, Great Horned owls, and Killdeer



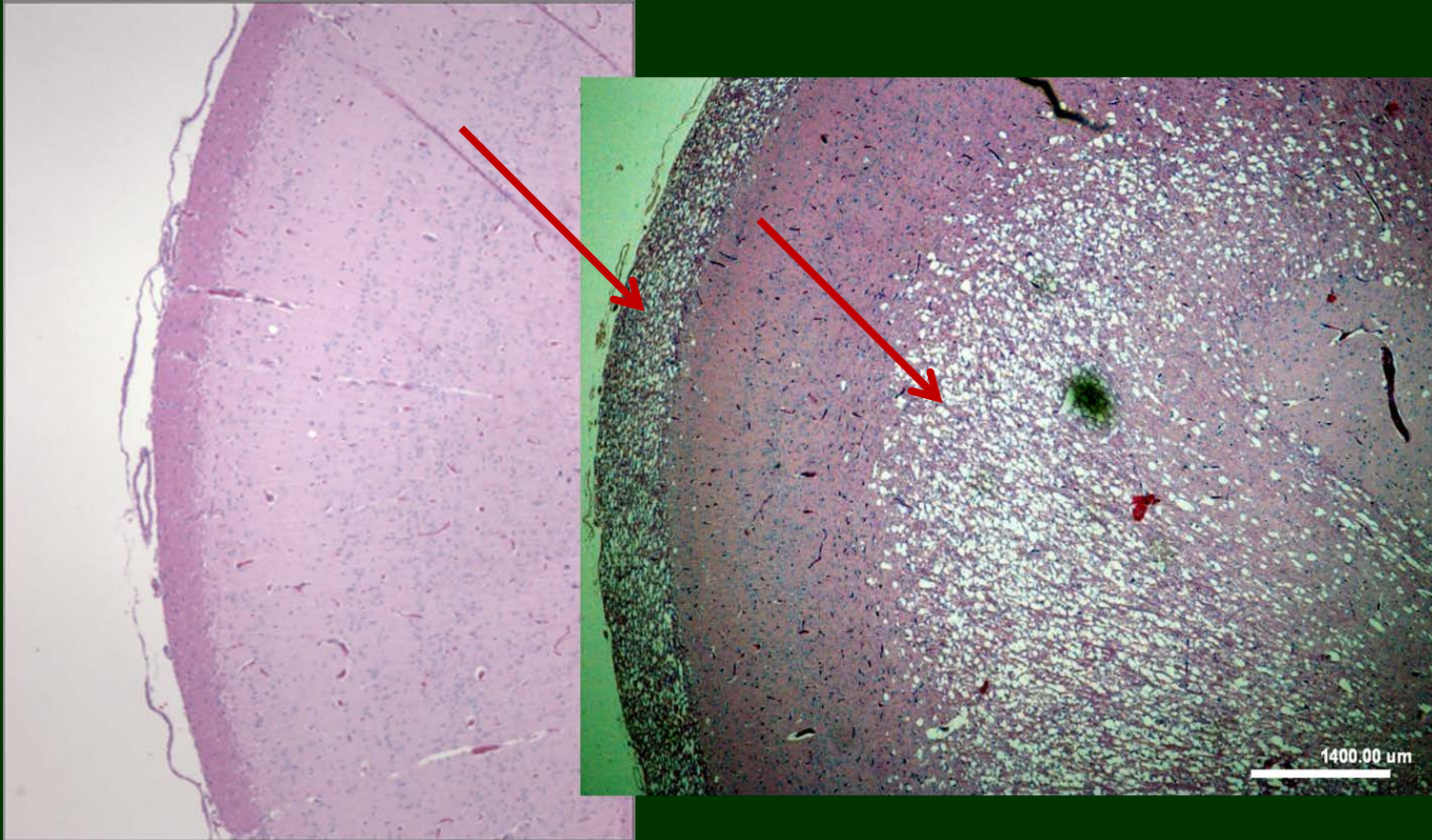
# Clinical symptoms

- Staggering gait
- Ascending paralysis
- Loss of righting reflex
- General incoordination





# Pathology



Only consistent finding: unique lesion  
in white matter CNS, intramyelinic edema  
(Thomas et al. 1998)

# The culprit?

Anthropogenic compounds that elicit this type of myelinopathy:

hexachlorophene, triethyltin, bromethalin  
(Thomas et al. 1998; Dodder et al. 2003)



Quickly ruled out- could the source of the toxin be environmental?



# Field, Laboratory Investigations

- Disease is site-specific, seasonal (late fall-winter)
- Rapid onset (<5 days)
- Transmission is dietary:
  - Primary intoxication, etiologic agent associated with plant material (Rocke et al. 2002, Fischer et al.
  - Secondary intoxication, agent retained in digestive tract

# S. Wilde Lab

## Reservoir Surveys, Spring 2001

- Water quality: Temperature, DO, pH
- Whole Water: Nutrient chemistry  
Algal identification
- Sediment: Algal identification
- Aquatic Plants, primarily submerged aquatic vegetation (SAV):  
Epiphytic algal identification  
(abundant!)



#1

*Hydrilla verticillata*

ARKANSAS

DeGray Lake  
Lake Ouachita

TEXAS

Sam Rayburn Reservoir

SOUTH CAROLINA/GEORGIA

Lake Murray  
Davis Pond  
J. Strom Thurmond Reservoir  
Lake Juliette  
Emerald Lake  
Lake Horton  
Smith Reservoir  
Lake Varner

NORTH CAROLINA

Coachmans Trail  
Woodlake



Photo: T. Murphy

## #2 Brazilian waterweed (*Egeria densa*)

ARKANSAS

DeGray Lake  
Lake Ouachita

GEORGIA

Lake Juliette



Photo: WT Haller



# #3 Eurasian watermilfoil (*Myriophyllum spicatum*)

ARKANSAS  
Lake Hamilton

SOUTH CAROLINA  
Savannah River Site (SRS):  
L Lake, Par Pond

GEORGIA  
Lake Juliette



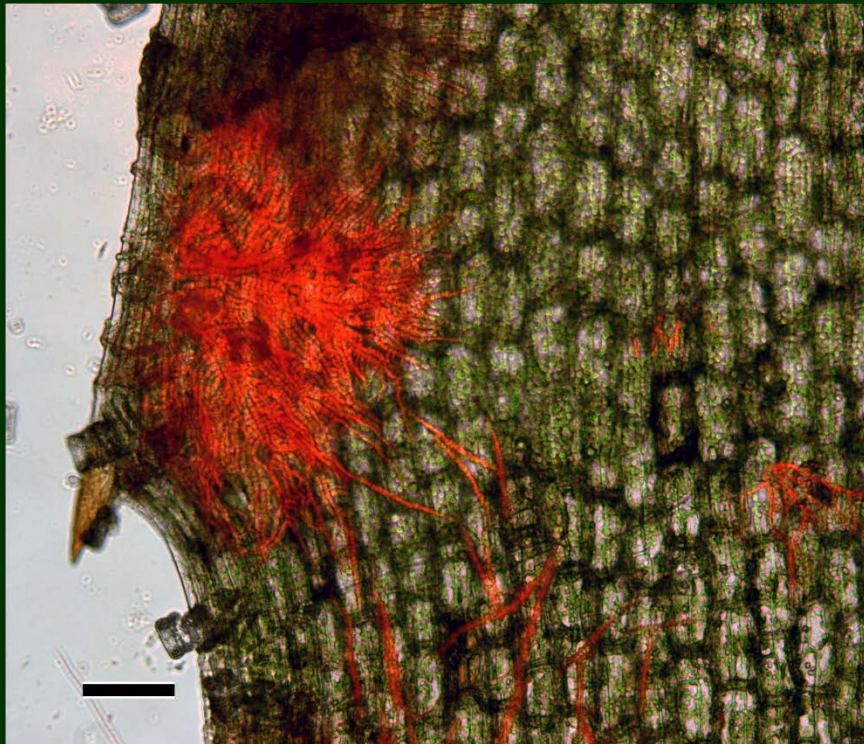
# Nonindigenous, invasive SAV dominate AVM sites

Previously undescribed cyanobacterium, order Stigonematales ("Stig"), ABUNDANT on vegetation (Wilde et al 2005, Williams et al 2007)

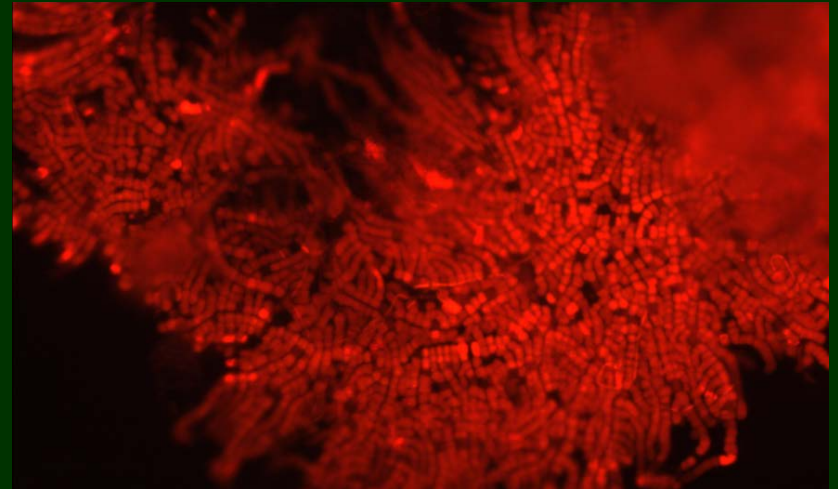




- Dominant epiphyte on SAV from affected reservoirs
- Rare or absent on SAV from unaffected reservoirs (Wilde et al 2005)
- PCR analysis confirms morphologic identification (Williams et al 2007)

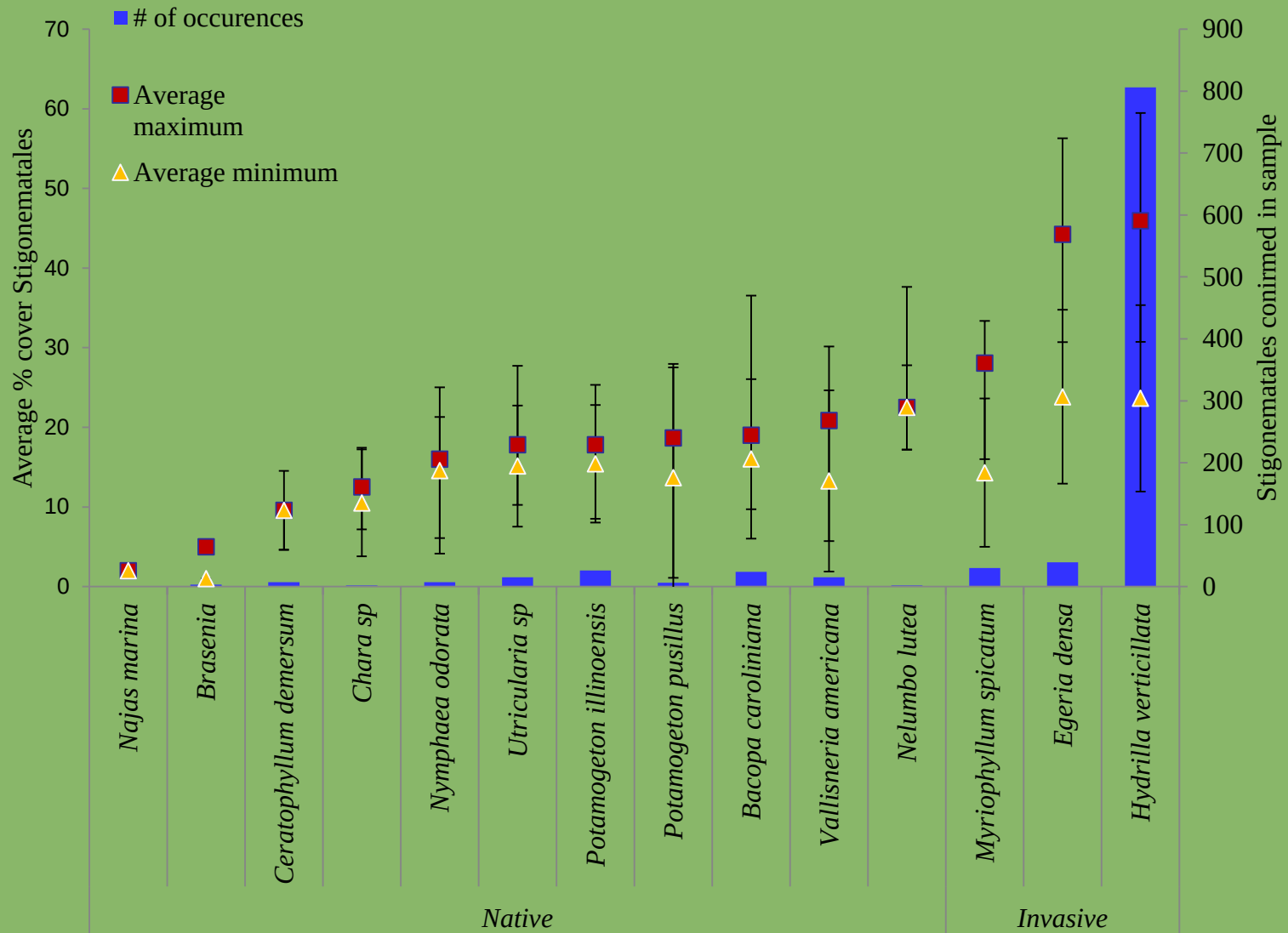


UCB on hydrilla leaflet, 50X



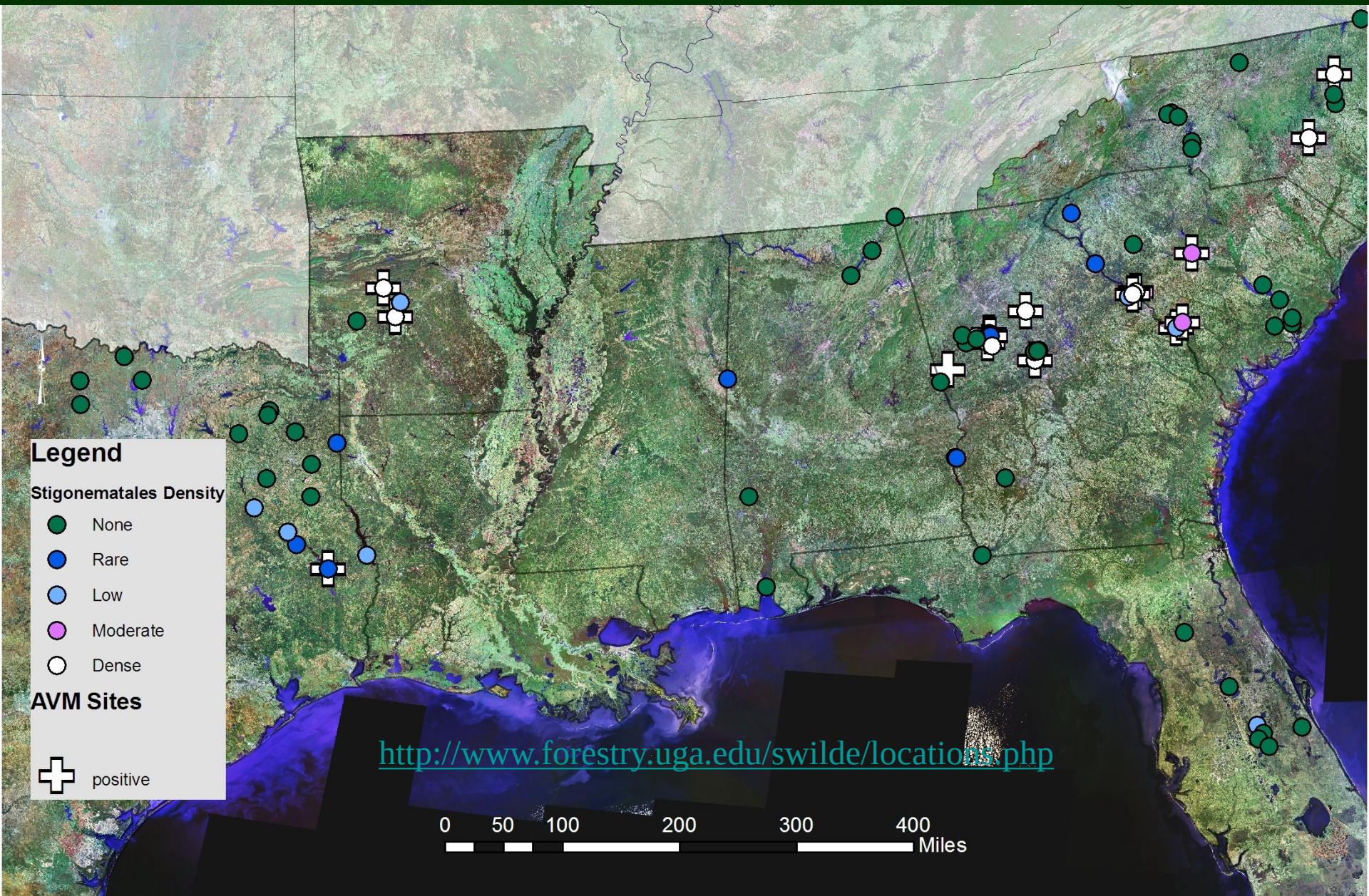
UCB culture 100X  
Epifluorescence,  
Rhodamine filter

# Associated with invasive nonindigenous SAV





# Confirmed AVM sites, relative Stig density







Stig (toxin-producing cyano)  
– SAV complex

Photo: S Wilde



Toxin consumed by  
herbivorous  
waterbirds

Affected waterbirds  
consumed by raptors



Birrenkott et al 2004; Wilde et al 2005; Wiley et al 2007; Haynie 2008

Photo: T Murphy



# Toxin isolation, identification

- Methanol extract, derived from Stig-SAV complex, caused AVM in mallards
- Toxin is a stable, polar compound



(Wiley et al. 2008)



# Current research, Wilde Lab UGA

- o Environmental parameters conducive to Stig growth
- o Invertebrate bioassay development

(M. Hook, MS University of South Carolina, J. Herrin, MS student)



# Current research, Wilde Lab UGA

- o Environmental parameters conducive to Stig growth
- o Bioassay development (B. Harem, MS student)
- o Cell-line assay refinement (Dr. F. Wiley, Augusta State University)

# Current research, Wilde Lab UGA

- o Alternative toxin transfer pathway (S. Robertson, MS Student)
  - Invertebrate vector: invasive island apple snail (*Pomacea insularum*)
  - Threats to endangered raptors- Snail kite (*Rhostrhamus socialibilis*)
- o Distribution, impacts in GA, Maxent model predict potential range



# Current research, Wilde Lab UGA

## USFWS Avian Health Initiative:

- o Evaluate management of invasive SAV as to mitigate impacts of AVM
- o Evaluate paired “AVM” reservoirs with and without SAV management (grass carp)

# Current research, Wilde Lab UGA

Idiopathic neurodegenerative diseases:  
genetic predisposition, environmental  
trigger?

- o Brian Popko

Director, University of Chicago Center for Peripheral  
Neuropathy

Mammalian susceptibility

- o R. Bidigare, S. Christensen

University of Hawaii, Center for Marine Microbial Ecology  
and Diversity, University of Hawaii, Honolulu, Hawaii

Investigate involvement of known  
human neurotoxin



# Excitotoxins

- o Kainate
  - o Domoic acid
  - o BMAA ( $\beta$ -n-methylamino-L-alanine)
- 
- Source: Marine and freshwater alga
  - Mode of action: Glutamate agonists
  - Ultimate toxicity: neurodegeneration

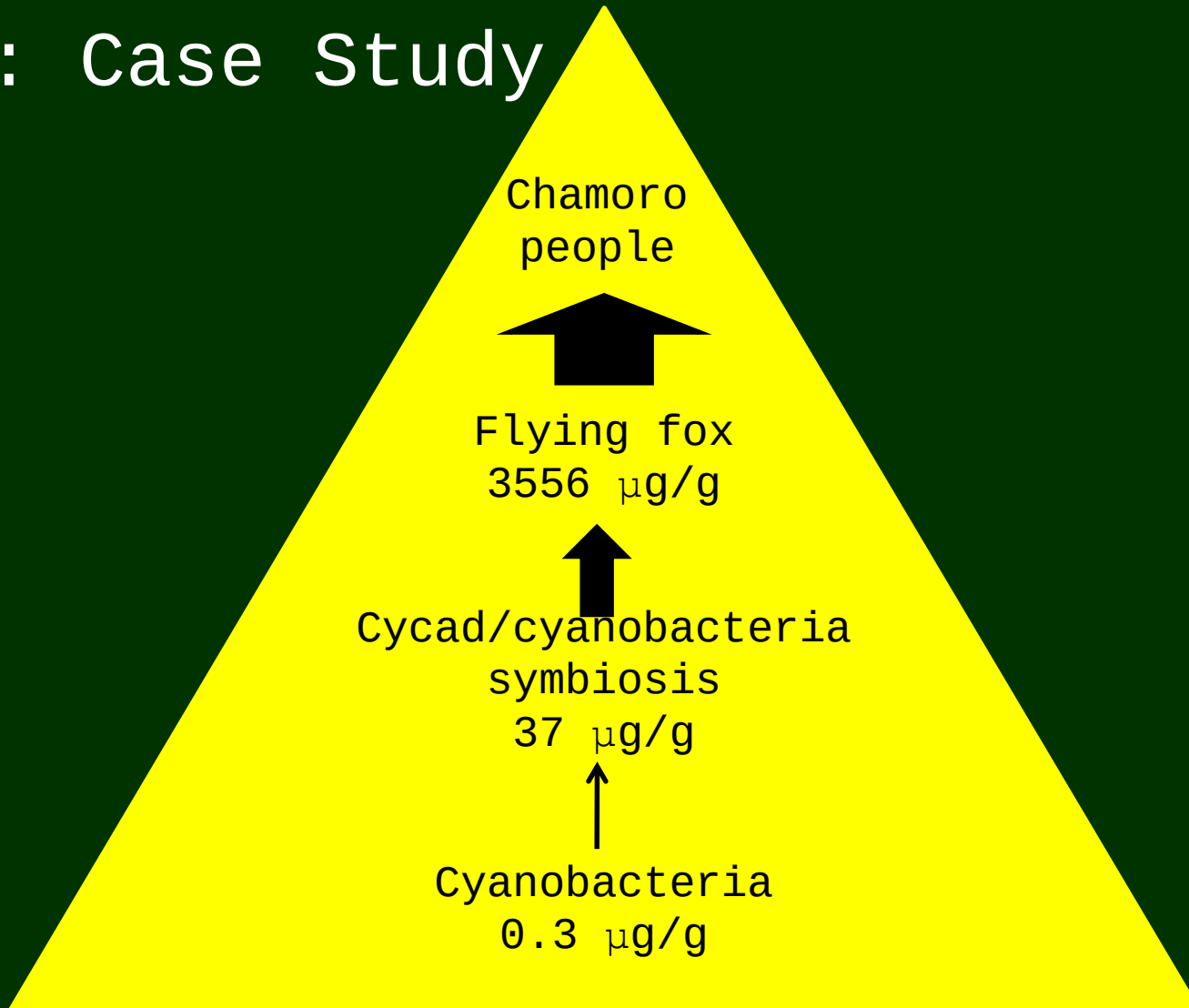
# BMAA: Case Study

- 1950's- Chamorro people of Guam

Amyotrophic Lateral  
Sclerosis/Parkinson-Dementia complex  
(ALS-PDC) 50-100 times any other known  
population



# BMAA: Case Study



BMAA accumulates in ascending levels of the Guam ecosystem(Cox et al. 2003).

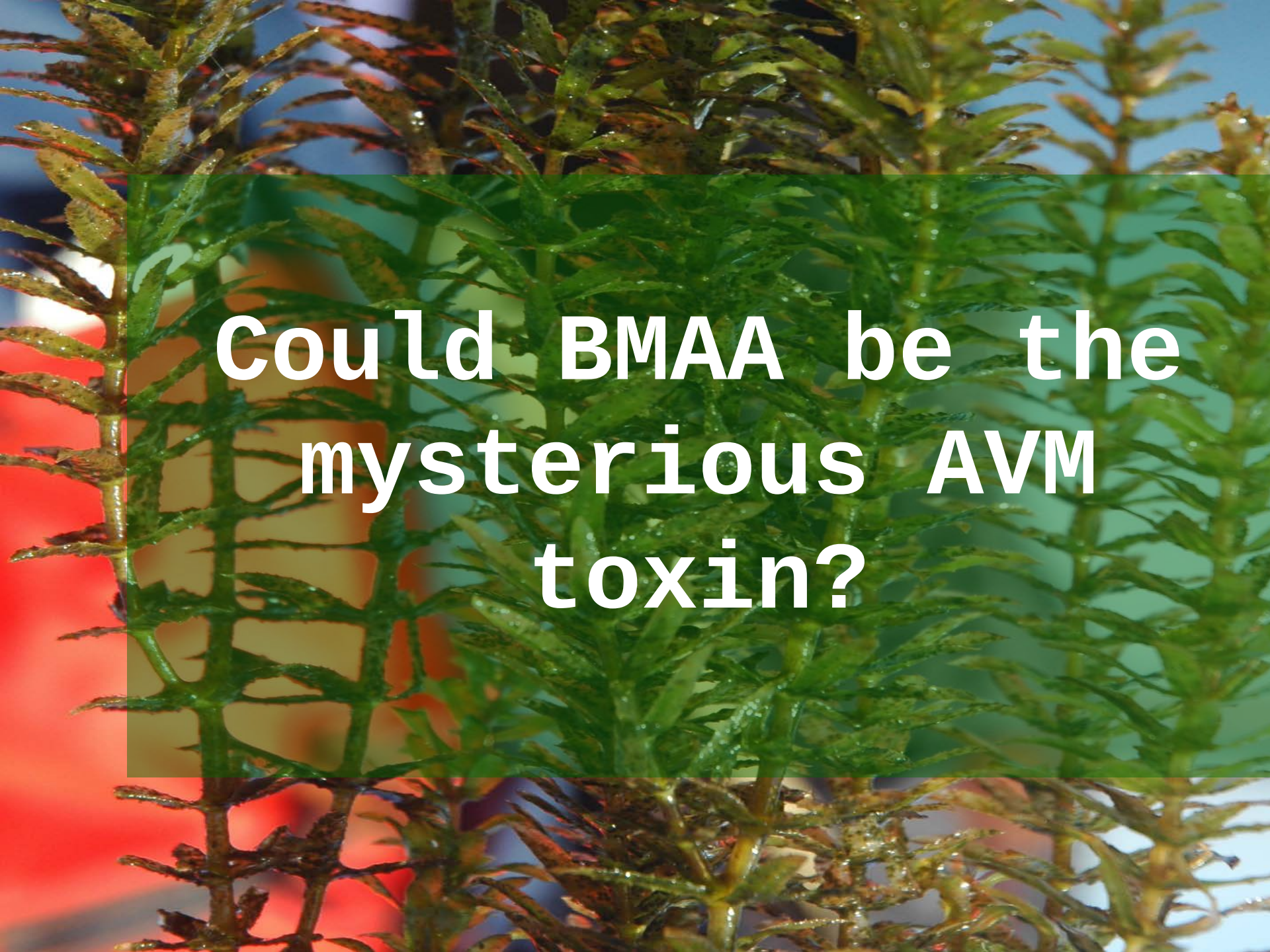
# BMAA: Case Study

Free BMAA found in brains of Canadian Alzheimer's patients (Cox et al. 2003; Murch et al. 2004)

Cyanobacterial strains that produce BMAA represent all 5 morphological sections (Cox P. A., et.al. 2005)



Is the biomagnification of this cyanotoxin unique to the Guam case study or can it occur elsewhere?



Could BMAA be the  
mysterious AVM  
toxin?

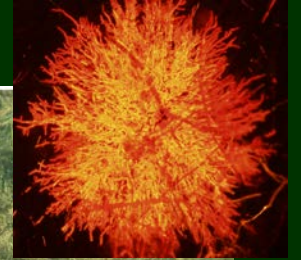
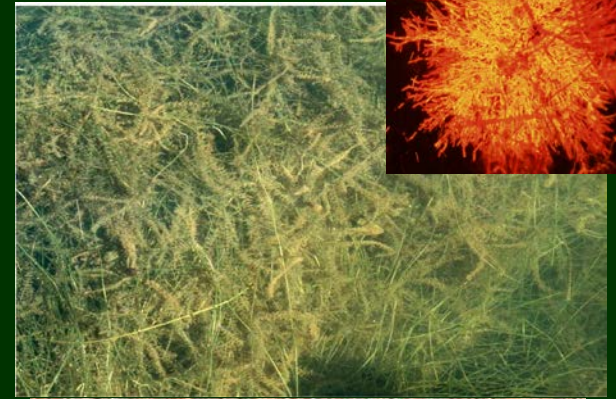


# Toxin Similarities

Origin:  
Cyanobacteria-  
vegetation  
complex

Secondary  
predator

Tertiary  
predator



(Murch et al. 2004)

# Similar clinical symptoms?

*In birds:* **Yes**

Ascending paralysis, head retraction,  
staggering gait, loss of righting reflex



Whiting 1988c, Vega et al. 1968

# Similar clinical symptoms?

*In mammals: Unknown*

AVM: none observed

BMAA: Dragging, unsteady gait,  
weakness and convulsions, ataxia,  
inability to stand- in mice and rats  
(Smith and Meldrum 1990; Polsky et  
al. 1972)



# Similar pathology?

*In birds:* **Unknown**

*In mammals:* **Yes**

BMAA: Damage to hippocampal neurons in young mice (Buenz and Howe 2007)

AVM: suspected damage to hippocampal neurons in young rats (Wiley et al. 2008)

# Could BMAA be the mysterious AVM toxin?

- Screen laboratory culture,  
field collected cyano-SAV  
and birds for presence of  
BMAA



# Methods: BMAA detection





# Methods: BMAA detection

November 2010:

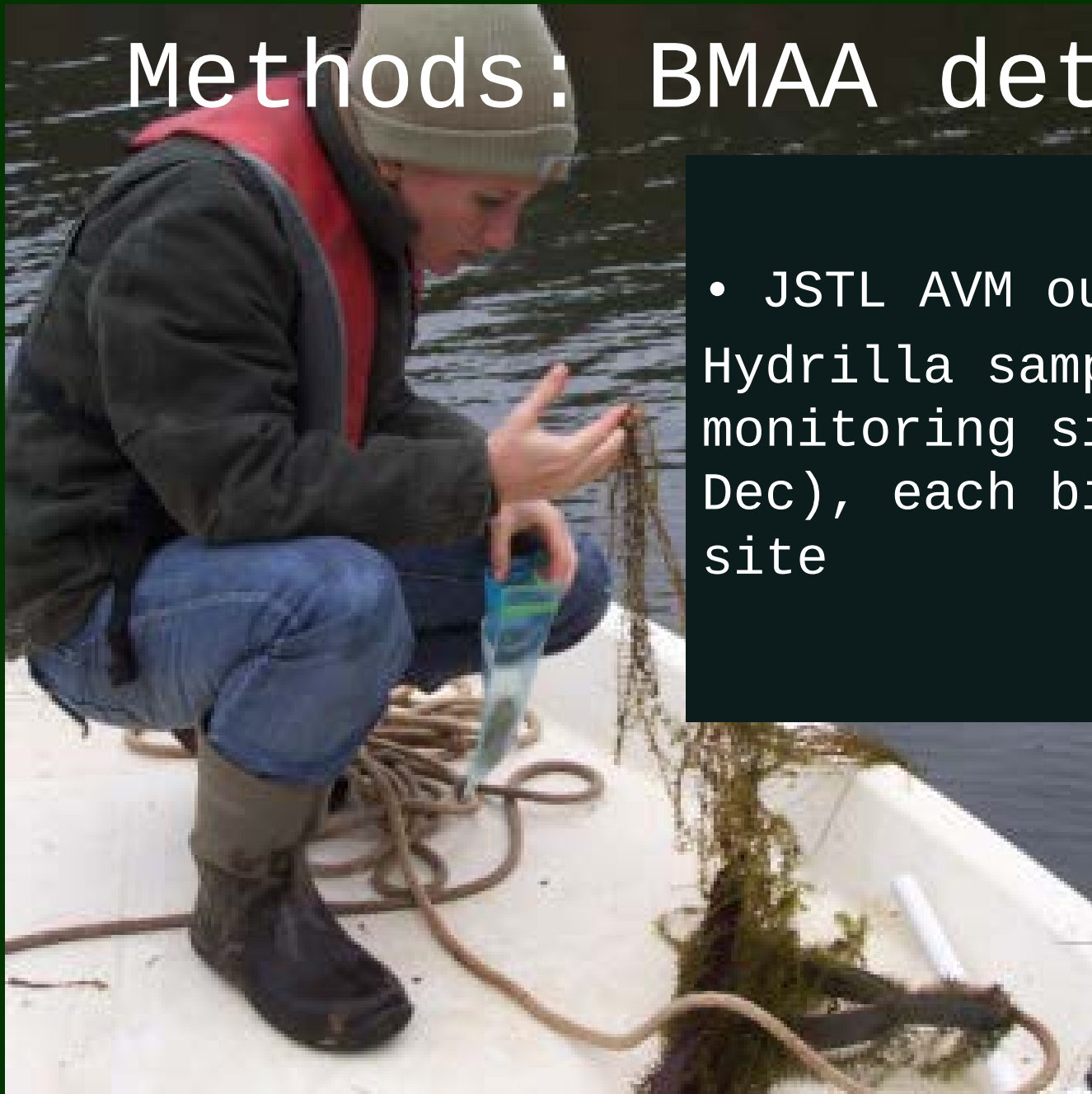
AVM outbreak at J.  
Strom Thurmond Lake  
(JSTL;  $33^{\circ}40'3.20''\text{N}$ ,  
 $82^{\circ}12'38.79''\text{W}$  )



Collect coots (n=18)  
with clinical symptoms

# Methods: BMAA detection

- JSTL AVM outbreak:  
Hydrilla sample from  
monitoring sites (Sept-  
Dec), each bird collection  
site



# Methods: BMAA detection



- Tissues prepared for BMAA analysis:

Muscle, liver, kidney, brain, crop/GI tract

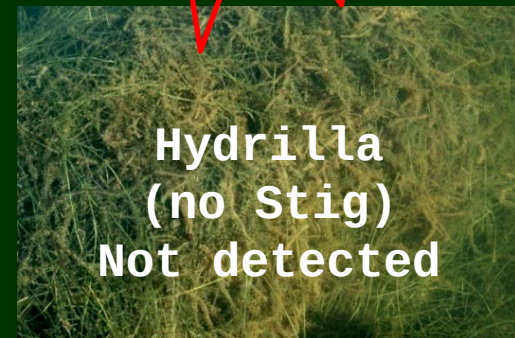
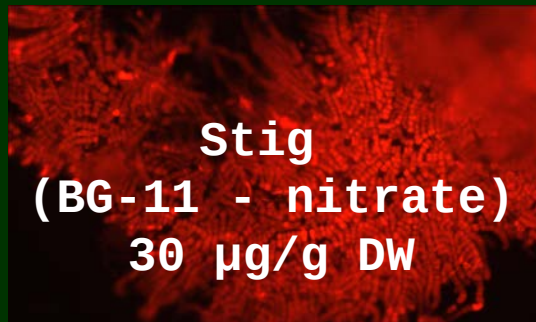
- Subset (n=7) brains reserved for AVM analysis



# Methods: BMAA detection

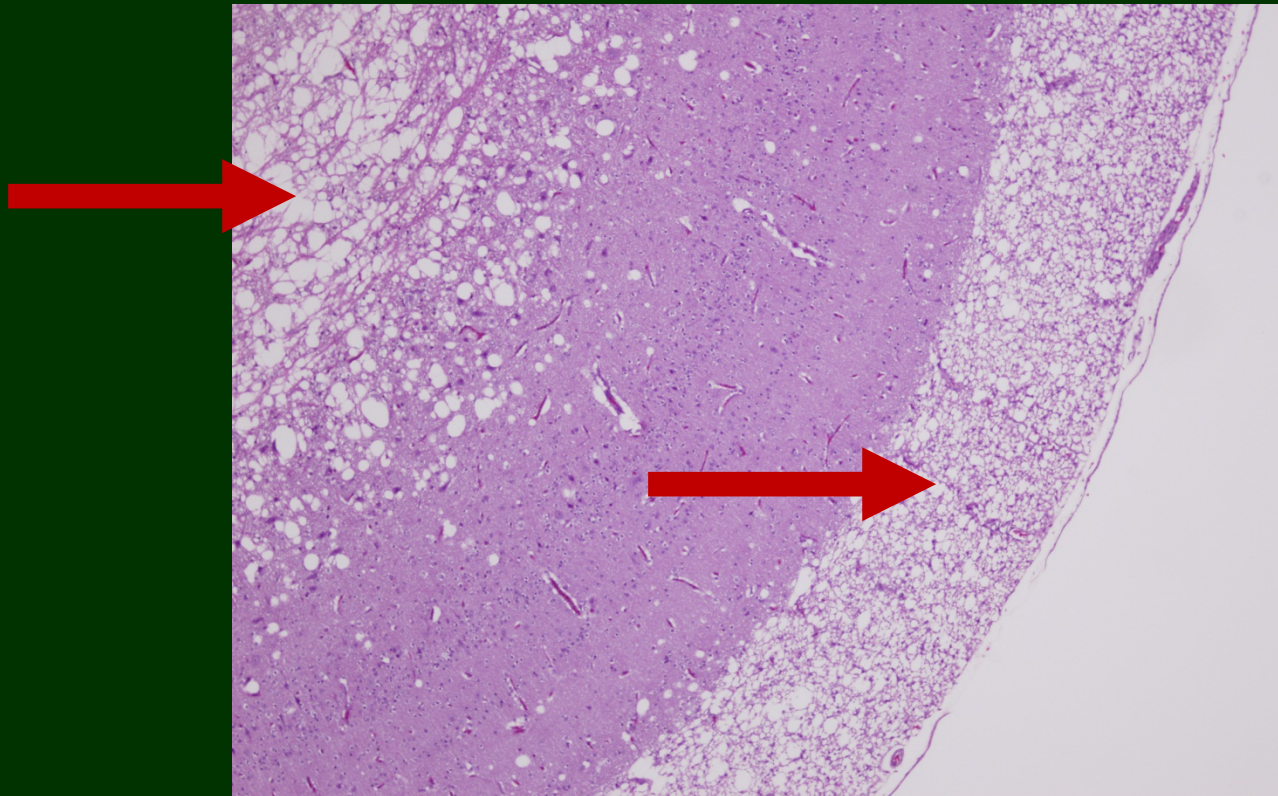
- Analyzed using high performance liquid chromatography/fluorescence detection (HPLC/FD)
- BMAA identification confirmed by liquid chromatography/mass spectrometry (LC/MS)
- Center for Marine Microbial Ecology and Diversity, University of Hawaii, Honolulu, Hawaii

# Results: BMAA detection



# Results: AVM confirmation

- AVM confirmed in all (7/7) coots





# Results: BMAA detection

- BMAA below detection limit in all coot tissue samples (n=79)
- Hydrilla-Stig samples:
  - *Results pending*

# Discussion

- BMAA *may not* be the AVM toxin
- Anecdotal evidence: adaptation to BMAA-tainted food source, ability to metabolize and/or depurate toxin?
- Strengthen conclusions: BMAA detection results in hydrilla samples collected with coots

# Discussion

| Species/strain            | Habitat    | Origin          | Free BMAA<br>(µg/g) |
|---------------------------|------------|-----------------|---------------------|
| Microcystis PCC 7806*     | Freshwater | The Netherlands | 4                   |
| Lyngbya majuscula*        | Marine     | Zanzibar        | 32                  |
| Anabaena variabilis*      | Freshwater | USA             | 35                  |
| Chlorogloeopsis PCC 6912* | Soil       | India           | 758                 |
| Stigonematales            | Freshwater | USA             | 30                  |

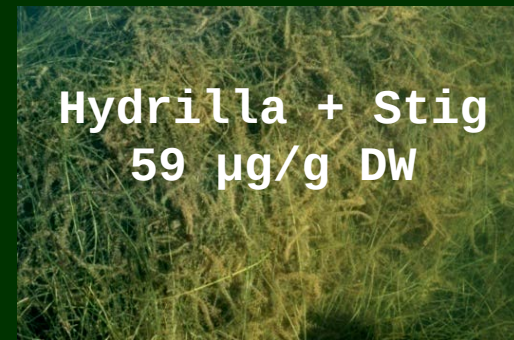
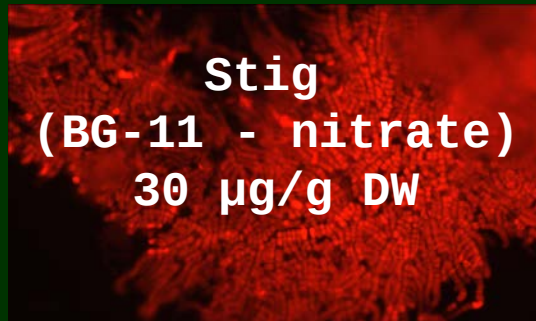
*\*Cox et al. 2005*

Human health concern: 7000 µg/g  
Damage to (mammalian) neurons: 10-30 nMol



# Discussion

Plant-cyano symbiosis = increase BMAA



# Discussion

- BMAA: Clinical symptoms in mammals- was this an “environmentally relevant” dose?
- Ability to incorporate BMAA into proteins = “slow toxin”
- 30+ years in Chamorro people





Implications

Wildlife- dire

Human health?- unclear

Photo : Jim Ozier, GADNR



# Conclusions

- Management of invasive aquatic vegetation imperative
- Prevalence, severity cyanoblooms increasing
  - o Increased awareness, improved management practices to prevent, reduce cyanoblooms

# Works Cited

Buenz, E.J., Howe, C.L., 2007. Beta-methylamino-alanine (BMAA) injures hippocampal neurons in vivo. *Neurotoxicology* 28 (3), 702-704.

Cox, P.A., Banack, S.A., Murch, S.J., 2003. Biomagnification of cyanobacterial neurotoxins and neurodegenerative disease among the Chamorro people of Guam. *Proceedings of the National Academy of Sciences of the United States of America* 100 (23), 13380-13383.

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Polsky, F.I., Nunn, P.B., Bell, E.A., 1972. Distribution and toxicity of alphaamino-beta-methylaminopropionic acid. *Federation Proceedings* 31 (5), 1473-1475.

Vega, A., Bell, E.A., Nunn, P.B., 1968. The preparation of L- and D-alpha-aminobeta-methylaminopropionic acids and the identification of the compound isolated from *Cycas circinalis* as the L-isomer. *Phytochemistry* 7, 1885-1887.

Whiting, M.G., 1988c. Toxicity of cycads: implications for neurodegenerative diseases and cancer. *Transcripts of Four Cycad Conferences. The Fifth Cycad Conference. 1967. Third World Medical Research Foundation, New York, pp. XI-1-XI-7.*



Thank you  
GASRP!

Questions?