Creating Effective Outreach to Change Behavior

Bob Wiltshire Invasive Species Action Network Livingston, MT Many AIS objectives are best accomplished through outreach

The public will not be inspired to take action just through regulation
 Prevention becomes effective only when all users are participating in the effort
 Outreach efforts must inspire voluntary compliance to be broadly accepted

Social Marketing

 "The planned implementation of programs designed to bring about social change using concepts from commercial marketing"

The ultimate objective of social marketing is to influence action

Development of Social Marketing

Concept first introduced in early 1950s

"Why can't you sell brotherhood and rational thinking like you can sell soap?"

Social Marketing: An Approach to Planned Social Change" Journal of Marketing 1971

social marketing appears to represent a bridging mechanism which links the behavior scientist's knowledge of human behavior with the socially useful implementation of what that knowledge allows."

Application of Social Marketing

Social marketing campaigns have been conducted in many disciplines

Agencies, organizations and others have conducted campaigns to achieve health, environmental, sustainability and other objectives

These campaigns have resulted in significant increases in awareness of and knowledge about the issue

Information Based Outreach

 Enhanced knowledge and development of supportive attitudes will result in action
 Assumption that the public is "rational" and will act in their own economic interest Information Based Outreach Rarely Changes Behavior

 Multiple studies have demonstrated that simply increasing awareness will not result in behavior change

Awareness can develop supportive attitudes

Although Awareness will generally not lead to behavior change, awareness is the vital first step toward changing behavior "Research showed that in most cases, increases in knowledge and awareness did not lead to pro-environmental behavior. Yet today, most environmental Nongovernmental Organisations (NGOs) still base their communication campaigns and strategies on the simplistic assumption that more knowledge will lead to more enlightened behavior."

Kollmus, A., Agyeman, J. (2002) Mind the Gap: why do people act environmentally and what are the barriers to pro-environmental behavior?

Although advertising is an important tool for creating awareness, it is wasteful to invest most of our efforts in an influence strategy that has such a low probability of success." Mark Costanzo

Costanzo, M., Archer, D., Aronson, E., & Pettigrew, T. (1986). "Energy conservation behavior: The difficult path from information to action."

Moving Beyond Social Marketing

Traditional information based outreach typically results in increased awareness but little if any behavior change
 It is not enough for people to know that AIS are a problem. They must know what to do and they must do it.

□ To be effective we must change behavior

Community Based Social Marketing (CBSM)

Recognizing that simply providing information is usually not sufficient to initiate behavior change, CBSM uses tools and findings from social psychology to discover the perceived barriers to behavior change and ways of overcoming these barriers

Development of a CBSM Outreach Effort

- Identify desired outcomes
- Identify communities
- Identify best time, place and method for reaching target group
- Develop the program needed to support effort
- Test, Refine and Repeat

Identify Desired Outcomes

- What do you want the program to produce?
 - What is the behavior change or action that you are trying to achieve
- Is there a single action that you want from multiple groups or are there separate outcomes from different groups
- Try to insure that your desired outcomes are end-state behaviors

Identify Specific Communities

There is no such thing as "The Public"
 Layer upon layer of overlapping groups
 Different groups may require very different approaches to achieve the same outcome
 Example – not all boaters are the same

While it is important to understand the technical content of the message, understanding the people you are communicating with is equally as important.

Dr. Will Allen PhD Manaaki Whenua - Landcare Research NZ Ltd

To be effective we must reach multiple groups in a diverse public You must understand your audience ■ What motivates them Why should they care ■ Who or what influences them Put aside personal opinions ■ This is about understanding them – not judging them

What motivates them

 This is important - knowing their motivations is key to achieving success with them
 Motivations may be very different from group to group

Why should they care

If we can't give them a compelling reason to change they won't

Answer "what's in it for me". How will they be affected

This may be very different among various audiences

Who or what influences them

 Everyone has things that have more influence on them than others
 Understanding what influences your target audience is critical to a successful effort.

Identify barriers to producing the desired outcome

Tangible

 Monetary cost
 Time & effort

 Intangible

 Social cost – embarrassment, disapproval, etc.

Identify best method for reaching target group

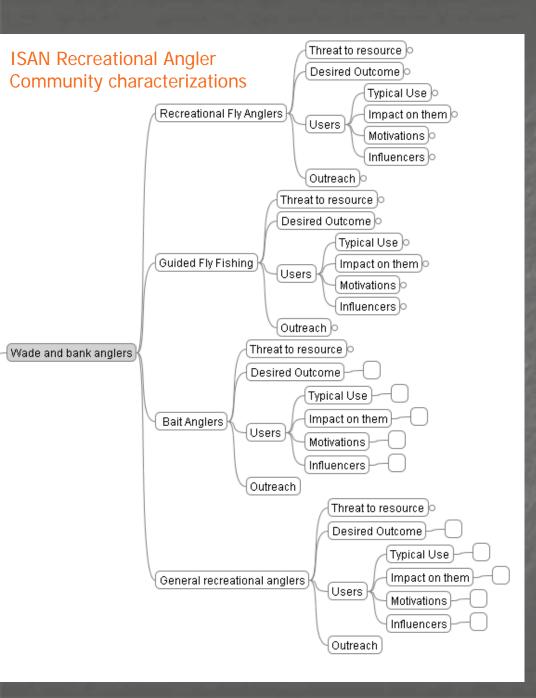
"If the only tool you have is a hammer, you tend to see every problem as a nail" Andrew Maslow

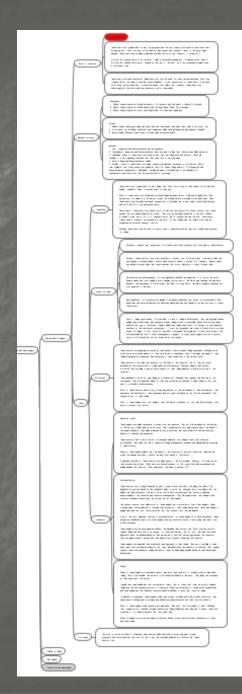
Effective programs reach the targeted Community with messages that appeal directly to them. One size does not fit all! Utilize a process for characterizing audiences

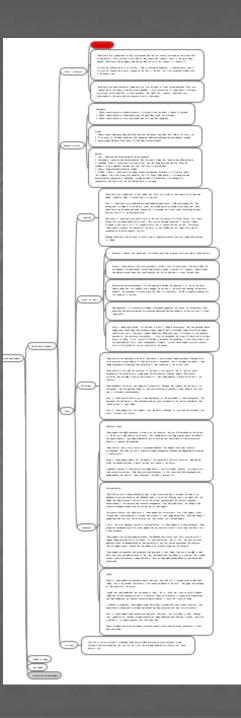
 Many different methods of gathering information about target communities are available

■ Marketing books

Online resources







Resource Issues

These anglers are highly responsive to impacts on the resource. They put little emphasis on the harvest of fish but put a high value on catch rates. They typically have a very high concern about the health of the aquatic habitats. They will be influenced by any information that directly links AIS with deteriorated habitats or reduced fish populations.

These boaters tend to be attentive to messages delivered from biologists and other resource professionals. They value the role of science in making management decisions and will generally be accepting of scientific data.

Many of these anglers believe that the health of the resources is the most important thing and will make the needed sacrifices to insure the long term health of the waters.

A significant number of these boaters are highly aware of the AIS problem. However, too many do not take preventative actions. While there are several reasons for this, many have had experiences with whirling disease that have left them skeptical of the need to prevent AIS.

Personal Contact

These boaters are strongly influenced by peer to peer interactions and often judge the value of an individual's information based on that individual's ability to catch fish. Although they often believe that the abilities that allow someone to be an effective fish catcher somehow give that person a significant understanding of the resource and resource management, they will typically accept that biologists and resource managers understand the system better than anglers.

The primary source from which most of these anglers get information is from other anglers, either through direct communication or through their accounts of their fishing adventures. Those who belong to angling clubs will often trust the information that they receive from the club leaders.

One of the most significant sources of personal contact for these anglers is fly shop employees. These people are considered experts by many anglers who pay careful attention to everything they learn from a shop employee.

These anglers may be quite judgmental about the individuals they interact with. Most practice catch & release fishing and have little or no respect for those who harvest fish for food. They will often make judgments about an individual based on their perception of how that person approaches the resource. They are highly critical of anyone who they believe is not properly respecting the resource.

These anglers are generally fairly cerebral in their approach to their fishing. They are often willing to read about and study complicated issues so that they fully understand the nuance of a situation. They typically respect those with academic training and look at them as being highly qualified based on their educational background.

Media

Influencers

Many of these anglers are passionate about their sport and read a lot of popular press articles about fishing. They often consider the authors to be respected leaders in the sport. They judge the message by their approval of the author.

Typically they read publications that are aimed at them. That is, those that focus on catch & release fishing and the non-consumptive use of a resource. Many are members of conservation organizations and read publications that address resource health in addition to those that focus on fishing.

In addition to magazines, these anglers avidly read product catalogs and other product literature. They spend hours studying gear in catalogs and will read anything associated with their favorite products.

Most of these anglers avidly consume anything about their sport that is provided to them. Although they typically are not reached through consumptive fishing publications and radio and TV shows, there are a number of fly fishing programs that they avidly follow.

Many fly anglers are active participants in internet based forums and are major consumers of other electronic media.

Develop the program

Only after careful planning should you focus on products and delivery
 Multiple products and delivery methods will be needed to properly motivate the diverse publics that must be engaged.

Crafting the product

Address what they want to know, not what you think they should know.
 Don't expect them to be like you
 Put yourself in their seat

Tell a good story

Try to relay a story – don't recite facts
 Use of facts can often distract a conversation
 Keep it simple
 Include no more than one or two main points
 Make it repeatable

Find the right messenger

Understand who the target group is influenced by and get them to carry the message

- Human contact is often the most effective
 - Peer-to-peer is often effective
 - Agencies and agency personnel may not be best in some situations

Deliver the message at the best time and place

- Identify the best times and places to deliver the message to a receptive audience
- Different delivery times/locations may require different messaging

Test, Refine and Repeat

Formal CBSM efforts include extensive testing and evaluation
 For AIS programs, evaluation is often neglected

Expect to learn through failure

Learning Through Failure

 Fly fishing guides have long been identified as an important peer group to convey a cleaning message
 ISAN undertook an outreach effort to teach guides about AIS and to encourage boot cleaning

J We Failed

Why We Failed

 We assumed that enhancing awareness would result in behavior change
 We assumed that economic self-interest would result in behavior change
 We did not have enough awareness of the issue

Boot cleaning was not convenient

Learning From Failure

In analyzing why we were unsuccessful in changing behavior, we discovered that convenience was a major obstacle
 We focused on the convenience problem and sought alternatives

Boot Cleaning Stations

- Cleaning stations installed at high traffic locations
- License agents encourage nonresident cleaning
- Guides have convenient cleaning locations



The Forest Pest Problem

- Invasive Forest Pest Insects threaten our native trees
- Introduced species can often be eradicated if discovered soon enough
 Need – more trained people watching for pests

Defining the Community

Must be capable of identifying insects
 Most people pay little attention to the identifying characteristics of insects
 Must be interested in identifying insects
 If they are not interested in insects we are unlikely to ever get them engaged ("Yuk, it's a bug")

Fly Anglers Love Bugs

- Avid fly anglers are generally interested in all aspects of insect life
- Their study of the insects that fish eat teaches them to recognize differences in insects
- The interest stimulated by their sport extends to their daily lives
 They generally care about the environment

How Do We Get Anglers Engaged With Forest Pests

- Fly tying is very important to many anglers
- Talented fly tiers can tie a fly to duplicate any insect
- Fly tiers love to demonstrate their skills

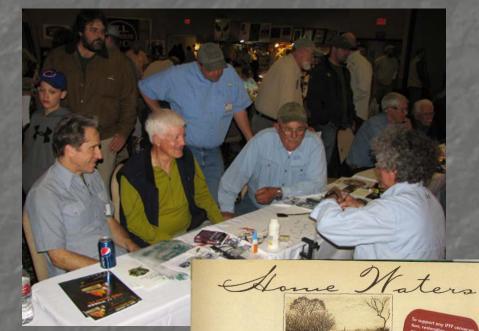


Fly Tiers Draw Attention



 Thousands of fly anglers attend fly tying demonstration shows each year
 Trained fly tiers tie forest pest flies to teach about the problem

We Are Engaging Anglers



Local Invasive Species Action Network on the lookout for destructive Asian Longhorned Beetle



3 Asian Longhorned Beetle? www.beetlebuste

twork in Livingston, holds tterns. The local ISAN group is enlisting anglers'

CONSERVATION NEWS Invasive Species are Devastating Our Forests

Bu Bob Wiltshire

ed an early October e-ma ind read these words with fread: "This is a day I was hop ing would never happen." Invas emerald ash borers (EAB) had heen discovered in Colorado. For the past decade, emerald ash borers have been devastating forests in the eastern United States, and a major effort is focused on reducing their spread. Unfortunately, they are now in the Rockies and we all hope the

You can help conserve, restore and protect our recious fisheries. Read the red patch at the top of the page to read how.

we action in Colurado will hern contained. First discovered in the United in 2002, the natural range of te EAB is castern Russia, north-to China, Japan and Korea. They ely came to the U.S. through the

sport of larval beetles in wooden or cruting materials. Adults all (about 10 meh) tridescen



astating forest pest insect to be introduced to the United States, it introduced to the United States, is far from the only one. If they become established, stan long-hormed beeles (ALB) will have a far more serious impact. ALB uttack many types of deeddoors utees and could have a devastat-ing impact on our economy and condument vironment.

borer is doing server ferents. Outdoes are moved in wood, and we all have the poten-inal to spread the problem. The biggest couver for anglers and outdoor recreationitis is the movement of firewood, While

While EAB is the most dev-

Ounside retreatments is the movement of flewoord, While many of us carry our wood obtains us go camping, it is time for us to stop. Never move flewood with you when you go campting – how it or gather it where you have it. In addition, fly angless can be a meant weapon in the effort to count pest inverts. The key to combasting a lowest post in to optic them as snow after introduction as possible. If we find the insects when they are confined to a small area, we have a very good chance of cradicating them. Unfortunately many people are not educated to be able to

Conclusions

Many outreach efforts increase awareness and knowledge but do little to change behavior

- Outreach efforts should focus on generating action
- Specific outreach efforts must be crafted to address each target audience or desired outcome
- Changing behavior is difficult and requires significant sustained effort but effective techniques are available

Learn More

www.cbsm.com www.toolsofchange.com

Thank You

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